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The Institute for Early Learning facilitates the professional development of individuals working with young children through responsive, educational training opportunities related to early care and learning.



Department of Family Services
Office for Children
12011 Government Center Parkway, Suite 920
Fairfax, Virginia 22035-1102
www.fairfaxcounty.gov/ofc

Telephone: 703-324-3044 TTY 711 Fax: 703-803-0116 A Fairfax County, VA publication 12/09



Fairfax County is committed to providing equal access to all its citizens and activities.

In compliance with applicable law, reasonable accommodation will be provided upon request.

Introduction to Training

Thank you for your interest in training offered by the Office for Children's Institute for Early Learning. We look forward to providing responsive, educational training opportunities as we help you create learning experiences for children of all ages.

EARLY LEARNING GUIDELINES FOR YOUNG CHILDREN

Fairfax County's "Early Learning Guidelines" explore how children develop in eight key areas (domains) and how you can support children's growth in each domain. The eight domains are discussed in many of our classes. The "Early Learning Guidelines" will help you plan learning experiences for the children in your care. In the course descriptions, you will find information that identifies the domains. View the "Early Learning Guidelines" at: www.fairfaxcounty.gov/ofc.

EARLY LEARNING GUIDELINES - DOMAINS

SE – Social and Emotional Development AL – Approaches to Learning LA – Language LIT – Literacy
MA – Mathematics SCI – Science CA – Creative Arts HP – Health and Physical Development

COMPETENCIES FOR CHILD CARE PROFESSIONALS

Virginia child care experts have identified eight skill areas that are important for child care providers to master. You can increase your ability to provide quality learning experiences for young children by taking courses in all of these areas. The next page shows how each of our courses relates to these eight competency areas.

I: Health, Safety and Nutrition V: The Learning Environment

II: Child Growth and Development VI: Effective Interactions and Positive Guidance

III: Child Observation and Assessment VII: Program Management

IV: Partnering With Families and Community VIII: Teacher Qualification/Professional Development

COURSE LEVEL

Our courses are labeled basic, intermediate, advanced or all levels. You can take courses at any level, however it helps to start with basic courses if you are new to the profession.

- **Basic:** Classes for those who are new to child care or who want to build a strong foundation in early childhood education.
- **Intermediate:** For those with some experience in child care who desire a greater understanding of young children or seek new ideas for their programs.
- Advanced: For those who have worked with children for many years and want to increase their knowledge of early care and learning.
- All Levels: Classes that provide valuable information for all learners.

SCHOOL READINESS CERTIFICATE

The School Readiness Certificate program is a series of four courses (45 hours) that helps you prepare children to succeed in school and beyond. It is required that you take the courses in the order outlined on page 22. Once you have successfully completed the four courses, you may be eligible for credit through Northern Virginia Community College.

THE BUSINESS OF FAMILY CHILD CARE

If you are a family child care provider, the workshops on pages 27-30 can help you successfully care for children in your home. If you would like to become a family child care provider, please call 703-324-8100.

Winter-Spring 2010 Course List ● Organized by Virginia Competency Areas

Area I: Health, Safety and Nutrition

- Understanding Child Abuse and Neglect
- School Readiness Certificate Courses
- Family Child Care Business Workshops

Area II: Child Growth and Development

- Infants and Toddlers: Caregiving From Birth to Three
- Including School-Age Children With Special Needs
- Infants and Toddlers: Learning and Development
- Infants and Toddlers: Social-Emotional Growth and Socialization
- Rethinking the Brain
- Understanding and Planning for the Developmental Needs of Infants and Toddlers
- School Readiness Certificate Courses

Area III: Child Observation and Assessment

School Readiness Certificate Courses

Area IV: Partnering With Families and Community

- Amazing Days: Celebrating With Families
- School Readiness Certificate Courses

Area V: The Learning Environment

- Art for Infants and Toddlers
- Art for Preschoolers
- Bottle Biology and the Environment
- Brain Gym for Infants and Toddlers
- Brain Gym II
- Count Me In: Math and Young Children
- Dramatic Play
- Family Child Care Environments
- Good Old-Fashioned Creative Play
- Message Boards
- Movement Activities for Preschoolers
- Reading Stories With Infants and Toddlers
- Sensory Awareness/Sensory Tables
- Songs, Stories and Signs for the Very Young
- Songs Throughout the Day
- Storytelling
- The Project Approach
- The Toy Story: Make Your Own Learning Materials
- Wolf Trap: Baby Beat, Baby Feet!
- Wolf Trap: Math in Motion: Using Creative Movement to Explore Math FUNdamentals!
- Wolf Trap: Rediscovering and Exploring Science Through the Arts
- Wolf Trap: Wake Up Your Wishes: An Introduction to Wolf Trap Drama
- School Readiness Certificate Courses

Area VI: Effective Interactions and Positive Guidance

- Basic Sign Language for Infants and Toddlers
- Building Relationships With Effective Communication
- Positive Guidance: Encouraging Children
- Positive Guidance: Giving Clear Directions
- Positive Guidance: Preventing Discipline Problems
- Positive Guidance: Realistic Choices
- Positive Guidance: Reframing Discipline
- School Readiness Certificate Courses

Area VII: Program Management

- Director's Focus: The Virginia Star Quality Initiative –
 A Quality Rating and Improvement System
- NAEYC's Revised "Developmentally Appropriate Practice"
- School Readiness Certificate Courses
- Family Child Care Business Workshops

Area VIII: Teacher Qualification/Professional Development

- Introduction to the Child Development Associate Credential
- School Readiness Certificate Courses

Cursos en Español

- Canciones, Cuentos y Señas para los mas Pequeños
- Cantando y Aprendiendo: El Poder del Lenguaje
- Entendiendo el Desarollo Socio-emocional de los Niñitos

Family Child Care Business Workshops

- Emergency Preparedness
- Growing Your Child Care Business
- Growing Your Child Care Business: The Next Step
- Infant Nutrition
- Medication Safety
- Reconocimiento y Repuesta al Abuso Infantil
- SIDS and Shaken Baby Syndrome
- Tax Preparation for Family Child Care Providers
- USDA Child and Adult Care Food Program Orientation

School Readiness Certificate Courses

- Course 2: Planning Early Learning Environments and Daily Routines
- Course 3: Exploring Curriculum and Building Quality Portfolios
- Course 4: Helping Children and Families Make Terrific Transitions

General Information

To Enroll

Enrollment is available to professionals working in a legally operating child care center, preschool, or family child care home in Fairfax County or to early childhood professionals living in Fairfax County.

- If you are a family child care provider, you may enroll in **two** Institute courses or workshops (see pages 5-25) <u>and</u> **two** Family Child Care Business workshops (see pages 27-30).
- If you work in a center or preschool, you may enroll in **two** Institute courses (see pages 5-25). No more than **five** staff from the same center or preschool may enroll in the same course or workshop.
- You must be **enrolled** in a course or workshop to attend. On-site enrollment is not available. If you are not enrolled or are on a waiting list, you will be unable to participate.

To Cancel

If you are unable to attend a course or workshop, please cancel your enrollment at least 24 hours in advance.

Call the training line at 703-324-3044 or e-mail dfsifel@fairfaxcounty.gov.

Inclement Weather Policy

If you have a question about a weather-related cancellation, you may call the training line at **703-324-3044**. You will hear an announcement if training has been cancelled.

If the Fairfax County Public Schools:

- Are closed: there will be no training that day or that evening.
- Open late: there will be no morning training, but afternoon and evening training will continue as scheduled.
- Close early: there will be no afternoon or evening training.
- Cancel evening activities: there will be no evening training.
- Are closed on Friday: please call the training line at 703-324-3044 to find out if your Saturday training has been cancelled. You will hear an announcement if training has been cancelled.

Additional Information

- To receive a certificate of completion for a workshop, you must attend the entire workshop.
- To receive a certificate of completion for courses with multiple sessions, you must attend all course sessions.
- To receive a letter of participation for courses with multiple sessions, you must attend more than half the course sessions.
- Training is offered at different locations throughout Fairfax County. Please be sure to check the dates, times and locations of courses before completing the registration form.
- Training is for adults only; we cannot accommodate children in any of the courses or workshops.

Please Note: Some courses may require homework in order to receive credit.

Training hours are creditable toward initial CDA requirements.

To hear a recorded list of available training, please call the information line at 703-324-8420.

VIEW THE CATALOG ONLINE

For more information about child care training or to read this catalog online, visit the Fairfax County Office for Children Web site at www.fairfaxcounty.gov/ofc.

Now You Can View the Catalog <u>Online</u> <u>Before</u> Registration Begins!

You can view the catalog online by the first week of December, May and August.

Registration for Winter-Spring 2010 classes begins Wednesday, December 9, 2009.

To view the current catalog, type www.fairfaxcounty.gov/ofc in the address field, then click on the words "Catalog -- Institute for Early Learning" (see picture below):



JANUARY CLASSES

Art for Infants and Toddlers

Experience the visual arts from the perspective of infants and toddlers. Explore the early stages of the many ways children can express themselves through art and how art benefits a child's early brain development. Be prepared to work with paint and other creative materials.

Early Learning Guidelines Domains: SE, LA, CA (CDA Content Areas: 2, 3)

Course #: 1237-01 Workshop: 3 hours Saturday, January 9

9:30 a.m. - 12:30 p.m.

Course Level: Resource Center at Main Street, Room 208

All Levels 10201 Main Street, Fairfax 22030

Presenter: Bronwyn Dean

NEW! Understanding Child Abuse and Neglect

By exploring real-life scenarios, learn how family dynamics relate to the potential for child abuse and neglect. Review the signs of child abuse and neglect as well as mandated reporting procedures to be better informed as to how you can help a child whose life is affected by abuse or neglect.

(CDA Content Area: 5)

Course #: 1349-01 Monday, January 11 Workshop: 2 hours

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 211

All Levels 10201 Main Street, Fairfax 22030

Presenter: Raymond Morton

Infants and Toddlers: Social-Emotional Growth and Socialization

The first three years of life lay the foundation for how children feel about themselves and the world around them. Discover how you can support learning and development by understanding developmental stages and milestones, the role of temperament, and the important connection between early relationships and behavior, guidance and discipline. Sponsored by the Virginia Infant & Toddler Specialist Network.

Early Learning Guidelines Domains: SE, AL, HP (CDA Content Areas: 1, 2, 3, 4, 7, 8)

Course #: 1332-01 Mondays, January 11, 25; February 8, 22; March 8, 22 Course: 12 hours

7 - 9 p.m.

Course Level: Pennino Building, Room 734

Intermediate 12011 Government Center Parkway, Fairfax 22035

Presenter: Jennifer Miller

Count Me In: Math and Young Children

Children are natural mathematicians. They routinely explore ideas about numbers, shapes, spatial relationships and patterns in natural, playful ways. Learn to make the most of children's natural math skills through games, stories and hands-on experiences.

Early Learning Guidelines Domains: AL, LA, LIT, MA (CDA Content Area: 2)

Course # 1021-01 Course: 8 hours Tuesdays, January 12, 19, 26; February 2

1 - 3 p.m.

Course Level: Resource Center at Main Street, Room 211

Intermediate 10201 Main Street, Fairfax, 22030

Presenter: Maria Gallagher

Movement Activities for Preschoolers

Find ways to encourage children to be more active. Explore games and movement activities that are appropriate for preschool children. Dress comfortably as you will be moving around the room and be down on the floor for activities. Early Learning Guidelines Domains: CA, HP (CDA Content Areas: 2, 3)

Course #: 1324-01 Tuesdays, January 12, 19 Course: 4 hours

7 - 9 p.m.

Course Level: Gum Springs Glen, Training Room

All Levels 7839 Richmond Highway, Alexandria 22306

Presenter: Bronwyn Dean

Art for Preschoolers

Learn how to identify elements that create a supportive atmosphere for art experiences for young children. Identify and use conversational strategies that encourage children to reflect on their art. Be prepared to work with paint and other creative materials.

Early Learning Guidelines Domains: SE, LA, CA (CDA Content Areas: 2, 3)

Course #: 1256-01 Thursdays, January 14, 21 Course: 4 hours

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 208

All Levels 10201 Main Street, Fairfax 22030

Presenter: Bronwyn Dean

NEW! Basic Sign Language for Infants and Toddlers

Explore how simple sign language, when paired with spoken words, can help infants and toddlers learn to communicate. Learn several basic signs that are easy for very young children to use. Discover how the youngest children can communicate more clearly when they learn how to tell you what they need. Sponsored by the Virginia Infant & Toddler Specialist Network.

Early Learning Guidelines Domains: SE, AL, LA (CDA Content Area: 2)

Course #: 1336-01 Thursdays, January 14, 21 Course: 4 hours

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 211

All Levels 10201 Main Street, Fairfax 22030

Presenter: Karen Russell Facilitator: Helen Webster

Count Me In: Math and Young Children

Children are natural mathematicians. They routinely explore ideas about numbers, shapes, spatial relationships and patterns in natural, playful ways. Learn to make the most of children's natural math skills through games, stories and hands-on experiences.

Early Learning Guidelines Domains: AL, LA, LIT, MA (CDA Content Area: 2)

Course # 1021-02 Thursdays, January 14, 21, 28; February 4 Course: 8 hours

7 - 9 p.m.

Course Level: Gum Springs Glen, Training Room

Intermediate 7839 Richmond Highway, Alexandria 22306

Presenter: Maria Gallagher

NEW! Infants and Toddlers: Learning and Development

During the first three years of life, children's development happens very rapidly. Learn about brain development, cognitive development and language development. Discover how you can support, nurture and facilitate learning for infants and toddlers who are developing typically as well as those who need extra support and resources. Sponsored by the Virginia Infant & Toddler Specialist Network.

Early Learning Guidelines Domains: All Domains (CDA Content Areas: 1, 2, 4, 7, 8)

Course #: 1337-01 Wednesdays, January 20; February 3, 17; March 3, 17; April 7

> 7 - 9 p.m.Course: 12 hours

Course Level: Pennino Building, Room 734

12011 Government Center Parkway, Fairfax 22035 Intermediate

Presenter: Jennifer Miller

Including School-Age Children With Special Needs

Discover ways to include school-age children with varying needs in group care. Learn how to create an inclusive environment that is beneficial for all children. Emphasis will be placed on developing a plan of action for children with challenging behaviors.

Early Learning Guidelines Domain: SE (CDA Content Areas: 3, 7)

Course # 1317-01 Monday, January 25 Workshop: 2 hours

7 - 9 p.m.

Course Level: Pennino Building, Room 930

All Levels 12011 Government Center Parkway, Fairfax 22035

Presenter: Kevin Mathews

Songs Throughout the Day

Learn new songs to sing with children whether or not you consider yourself to be a singer. These songs can be used throughout the day in every child care setting.

Early Learning Guidelines Domains: SE, AL, LA, CA (CDA Content Area: 2)

Course: 4 hours Course #: 1293-01 Tuesdays, January 26; February 2

7 - 9 p.m.

Course Level: Gum Springs Glen, Training Room

All Levels 7839 Richmond Highway, Alexandria 22306

Presenter: Bronwyn Dean

Storytelling

Spark children's imagination, build literacy skills and have fun at the same time. Learn and practice simple techniques for sharing stories with young children.

Early Learning Guidelines Domains: LA, LIT (CDA Content Area: 2)

Course # 1320 -01 Saturday, January 30 Workshop: 3 hours

9:30 a.m. - 12:30 p.m.

Course level: Resource Center at Main Street, Room 211

All Levels 10201 Main Street, Fairfax 22030

Presenter: Maria Gallagher

LIT - Literacy

Sensory Awareness/Sensory Tables

Explore various sensory awareness activities you can provide for children using common materials. Discover science, math, creative arts and various other concepts that children can learn about through sensory exploration and investigation.

Early Learning Guidelines Domains: SE, MA, SCI (CDA Content Areas: 2, 3)

Course #: 1328-01 Saturday, January 30 Workshop: 3 hours

9:30 a.m. - 12:30 p.m.

Course Level: Resource Center at Main Street, Room 208

All Levels 10201 Main Street, Fairfax, 22030

Presenter: Bronwyn Dean

FEBRUARY CLASSES

Bottle Biology and the Environment

Learn about recycling, ecology, the environment and biomes through hands-on activities and experiments that can be done in a bottle or a container.

Early Learning Guidelines Domain: SCI (CDA Content Area: 2)

Course #: 1319-01 Monday, February 1 Workshop: 2 hours

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 104

All Levels 10201 Main Street, Fairfax 22030

Presenter: Kelvin Claytor

Sensory Awareness/Sensory Tables

Explore various sensory awareness activities you can provide for children using common materials. Discover science, math, creative arts and various other concepts that children can learn about through sensory exploration and investigation.

Early Learning Guidelines Domains: SE, MA, SCI (CDA Content Areas: 2, 3)

Course #: 1328-02 Saturday, February 6 Workshop: 3 hours

9:30 a.m. - 12:30 p.m.

Course Level: Resource Center at Main Street, Room 208

All Levels 10201 Main Street, Fairfax, 22030

Presenter: Bronwyn Dean

Rethinking the Brain

Examine the latest research on brain development with a focus on emotional development, gender differences, the mind-body connection, effects of food on the brain and the implications for our day-to-day work with children. Early Learning Guidelines Domains: All Domains (CDA Content Area: 2)

Course #: 1111-01 Tuesdays, February 9, 16, 23 **Course: 6 hours**

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 211

Intermediate 10201 Main Street, Fairfax 22030

Presenter: Maria Gallagher

Message Boards

Children learn to "read" many things without even realizing they are reading. They learn about the world around them by experiencing a print-rich environment. Learn how to use a message board to further children's early reading skills. Early Learning Guidelines Domains: AL, LA, LIT (CDA Content Areas: 2, 8)

Course: 4 hours Course #: 1306-01 Tuesdays, February 9, 16

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 213

Intermediate 10201 Main Street, Fairfax 22030

Presenter: Bronwyn Dean

NEW! Reading Stories With Infants and Toddlers

Young children love to look at books! Learn how you can use books when talking to, interacting with, and exploring reading with very young children. Discover many ways to focus on books and how to use books in developmentally appropriate ways to enhance learning opportunities in your program. Co-sponsored by the Virginia Infant & Toddler Specialist Network and the Fairfax County Public Library.

Early Learning Guidelines Domains: LA, LIT (CDA Content Area: 2)

Course #: 1325-01 Tuesdays, February 9, 16 Course: 4 hours

6:45 - 8:45 p.m.

Course Level: Burke Centre Library, Meeting Room **Basic** 5935 Freds Oak Road, Burke 22015

Presenter: Renee Edwards

NEW! Songs, Stories and Signs for the Very Young

Learn how to engage infants and toddlers in storytelling, singing, fingerplays, puppetry and other expressive arts while integrating basic American Sign Language to increase vocabulary and communication skills. Explore techniques that will spark a love of learning in the youngest children. Sponsored by the Virginia Infant & Toddler Specialist Network. Early Learning Guidelines Domains: SE, AL, LA, LIT, CA, HP (CDA Content Areas: 2, 3)

Course #: 1350-01 Workshop: 2 hours Wednesday, February 10

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 211

All Levels 10201 Main Street, Fairfax 22030

Presenters: Susan Hayes and Jody Katz

Facilitator: Helen Webster

Course #: 1350-02 Wednesday, February 17 Workshop: 2 hours

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 211

All Levels 10201 Main Street, Fairfax 22030

Presenters: Susan Hayes and Jody Katz

Facilitator: Helen Webster

Course #: 1350-03 Workshop: 2 hours Wednesday, February 24

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 211

All Levels 10201 Main Street, Fairfax 22030

Presenters: Susan Hayes and Jody Katz

Facilitator: Helen Webster

Max: 35/40

NAEYC's Revised "Developmentally Appropriate Practice"

The National Association for the Education for Young Children has been an essential resource for the early childhood field for decades. Examine the newest edition of their "Developmentally Appropriate Practice" guide and learn which practices are essential to high quality early learning programs.

Early Learning Guidelines Domains: All Domains (CDA Content Areas: 1, 2, 3, 4, 7, 8)

Course #: 1333-01 Course: 6 hours Thursdays, February 11, 18, 25

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 211

Advanced 10201 Main Street, Fairfax 22030

Presenter: Maria Gallagher

Movement Activities for Preschoolers

Find ways to encourage children to be more active. Explore games and movement activities that are appropriate for preschool children. Dress comfortably as you will be moving around the room and be down on the floor for activities. Early Learning Guidelines Domains: CA, HP (CDA Content Areas: 2, 3)

Course #: 1324-02 Course: 4 hours Thursdays, February 11, 18

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 213

All Levels 10201 Main Street, Fairfax 22030

Presenter: Bronwyn Dean

Good Old-Fashioned Creative Play

Explore the many ways to give children the freedom to experience creative play while still keeping them safe. You will learn about the idea of self-regulation for children and learn how creative play is an important part of a child's selfregulation system.

Early Learning Guidelines Domains: All Domains (CDA Content Areas: 2, 3)

Course #: 1318-01 Workshop: 2 hours Monday, February 22

7 - 9 p.m.

Course Level: Resource Center at Main Street. Room 104

10201 Main Street, Fairfax 22030 All Levels

Presenters: Kathy Uhrich and Rodney Mills

The Toy Story: Make Your Own Learning Materials

Discover common objects that you can find in your home or community, as well as low-cost materials that interest children. Compare these materials to store-bought toys while exploring the many ways children might use common objects. Through discussion and exploration, experience what children can learn as they play with low-cost materials. Early Learning Guidelines Domains: SE, LA, CA (CDA Content Area: 2)

Course: 4 hours Course #: 1246-01 Tuesdays, February 23; March 2

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 208

All Levels 10201 Main Street, Fairfax 22030

Presenter: Bronwyn Dean

Art for Preschoolers

Learn how to identify elements that create a supportive atmosphere for art experiences for young children. Identify and use conversational strategies that encourage children to reflect on their art. Be prepared to work with paint and other creative materials.

Early Learning Guidelines Domains: SE, LA, CA (CDA Content Areas: 2, 3)

Course #: 1256-02 Thursdays, February 25; March 4 Course: 4 hours

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 208

All Levels 10201 Main Street, Fairfax 22030

Presenter: Bronwyn Dean

MARCH CLASSES

NEW! Understanding Child Abuse and Neglect

By exploring real-life scenarios, learn how family dynamics relate to the potential for child abuse and neglect. Review the signs of child abuse and neglect as well as mandated reporting procedures to be better informed as to how you can help a child whose life is affected by abuse or neglect. (CDA Content Area: 5)

Course #: 1349-02 Monday, March 1 Workshop: 2 hours

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 211

All Levels 10201 Main Street, Fairfax 22030

Presenter: Raymond Morton

NEW! Understanding and Planning for the Developmental Needs of Infants and Toddlers

Explore the developmental milestones considered to be within the typical range for infants and toddlers. Learn how to detect "red flags" that indicate a child may need additional resources. Use all of this important information to plan high quality early care and learning programs for young children. Sponsored by the Virginia Infant & Toddler Specialist Network.

Early Learning Guidelines Domains: All Domains (CDA Content Areas: 2, 3, 8)

Course #: 1340-01 Tuesdays, March 2, 9, 16, 23 **Course: 8 hours**

7 - 9 p.m.

Course Level: Gum Springs Glen, Training Room

All Levels 7839 Richmond Highway, Alexandria 22306

Presenter: Lora Fader Dunne Facilitator: Helen Webster

Fairfax County Public Library Services for Early Childhood Professionals



- Borrow picture books and CD kits.
- Find children's books in languages other than English.
- Ask your librarian for suggestions for children's books.
- Find early learning resource books.

For more information, contact the library in your neighborhood or visit the Fairfax County Public Library Web site at www.fairfaxcounty.gov/Library. All services are free of charge.

Brain Gym II

Learn to implement brain gym movements into daily routines and practice "balances" designed to lower stress and facilitate learning with ease. Make materials and share ideas for using advanced Brain Gym with various ages of children. Explore Dr. Dennison's movements for body and mind integration. Come dressed for movement.

NOTE: Participants must have completed Brain Gym I in order to enroll in this class.

Early Learning Guidelines Domains: All Domains (CDA Content Area: 2)

Course #: 1190-01 Wednesdays, March 3, 10, 17, 24 **Course: 8 hours**

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 211

Advanced 10201 Main Street, Fairfax 22030

Presenter: Colleen Small Facilitator: Maria Gallagher

Building Relationships With Effective Communication

Communication is the key to building positive relationships with both children and adults. Learn basic communication strategies that acknowledge feelings, build trust and lead to respectful conflict resolution.

Early Learning Guidelines Domains: SE, LA (CDA Content Areas: 3, 4)

Course #: 1300-01 Wednesdays, March 3, 10, 17, 24 **Course: 8 hours**

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 213

All Levels 10201 Main Street, Fairfax 22030

Presenter: Maria Gallagher

Positive Guidance: Realistic Choices

Offering children choices that they can make helps them gain control of their actions and learn to take responsibility for their decisions. You will learn how to offer realistic choices and practice creating choices that are appropriate to give to young children.

Early Learning Guidelines Domains: SE, AL, LA (CDA Content Area: 3)

Course #: 1295-01 Thursday, March 4 Workshop: 2 hours

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 211

All Levels 10201 Main Street, Fairfax 22030

Presenter: Karen Quist

Dramatic Play

Young children enjoy engaging in dramatic play. We will take a look at various stages of imaginative play and learn how adults can support children during each stage of development. Be ready to explore numerous dramatic play prop boxes! Early Learning Guidelines Domains: SE, LA, CA (CDA Content Areas: 2, 3)

Course #: 1329-01 Saturday, March 6 Workshop: 3 hours

9:30 a.m. – 12:30 p.m.

Course Level: Resource Center at Main Street, Room 208

Intermediate 10201 Main Street, Fairfax, 22030

Presenter: Bronwyn Dean

Positive Guidance: Reframing Discipline

Explore your approach to discipline to help you discover new methods of guidance. Learn how to identify and change patterns of ineffective discipline. Understand your reaction to situations so that you can learn how to build strong relationships with children and turn conflict into teaching opportunities.

Early Learning Guidelines Domains: SE, AL, LA (CDA Content Area: 3)

Please bring your lunch and beverages with you. We will have a half-hour lunch break.

Course #: 1303-01 Saturday, March 6 Workshop: 5 hours

9:30 a.m. - 3 p.m.

Course Level: Resource Center at Main Street, Room 211

Intermediate 10201 Main Street, Fairfax 22030

Presenter: Karen Quist

Including School-Age Children With Special Needs

Discover ways to include school-age children with varying needs in group care. Learn how to create an inclusive environment that is beneficial for all children. Emphasis will be placed on developing a plan of action for children with challenging behaviors.

Early Learning Guidelines Domain: SE (CDA Content Areas: 3, 7)

Course #: 1317-02 Monday, March 8 Workshop: 2 hours

7 - 9 p.m.

Course Level: Pennino Building, Room 930

All Levels 12011 Government Center Parkway, Fairfax 22035

Presenter: Kevin Mathews

Message Boards

Children learn to "read" many things without even realizing they are reading. They learn about the world around them by experiencing a print-rich environment. Learn how to use a message board to further children's early reading skills. Early Learning Guidelines Domains: AL, LA, LIT (CDA Content Areas: 2, 8)

Course #: 1306-02 Tuesdays, March 9, 16 **Course: 4 hours**

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 211

Intermediate 10201 Main Street, Fairfax 22030

Presenter: Bronwyn Dean

Amazing Days: Celebrating With Families

Understand why celebrations are important to children and families and discover ways teachers can support the unique interests, traditions and customs of the children and families they serve.

Early Learning Guidelines Domains: SE, AL, LA, LIT (CDA Content Area: 4)

Course #: 1251-01 Thursdays, March 11, 18 **Course: 4 hours**

7 - 9 p.m.

Course Level: Gum Springs Glen, Training Room

All Levels 7839 Richmond Highway, Alexandria 22306

Presenter: Bronwyn Dean

Bottle Biology and the Environment

Learn about recycling, ecology, the environment and biomes through hands-on activities and experiments that can be done in a bottle or a container.

Early Learning Guidelines Domain: SCI (CDA Content Area: 2)

Course #: 1319-02 Monday, March 15 Workshop: 2 hours

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 104

All Levels 10201 Main Street, Fairfax 22030

Presenter: Kelvin Claytor

Sensory Awareness/Sensory Tables

Explore various sensory awareness activities you can provide for children using common materials. Discover science, math, creative arts and various other concepts that children can learn about through sensory exploration and investigation.

Early Learning Guidelines Domains: SE, MA, SCI (CDA Content Areas: 2, 3)

Course #: 1328-03 Saturday, March 20 Workshop: 3 hours

9:30 a.m. – 12:30 p.m.

Course Level: Resource Center at Main Street, Room 208

All Levels 10201 Main Street, Fairfax, 22030

Presenter: Bronwyn Dean

APRIL CLASSES

NEW! Director's Focus: The Virginia Star Quality Initiative – A Quality Rating and Improvement System

The Virginia Star Quality Initiative offers a way to help early learning providers improve the quality of their services and demonstrate this quality to parents. Learn about the voluntary rating system, requirements and areas of assessment. Program staff who are involved in the process will share their insights and recommendations.

NOTE: You must be a child care or preschool program director to enroll.

(CDA Content Area: 6)

Course #: 1343-01 Wednesday, April 7 Workshop: 2.5 hours

9:30 a.m. – noon

Course Level: Resource Center at Main Street, Room 211

Advanced 10201 Main Street, Fairfax 22030

Presenters: Azria Rafiqzad, Ruth Stover, Maria Gallagher

NEW! Understanding and Planning for the Developmental Needs of Infants and Toddlers

Explore the developmental milestones considered to be within the typical range for infants and toddlers. Learn how to detect "red flags" that indicate a child may need additional resources. Use all of this important information to plan high quality early care and learning programs for young children. Sponsored by the Virginia Infant & Toddler Specialist Network.

Early Learning Guidelines Domains: All Domains (CDA Content Areas: 2, 3, 8)

Course #: 1340-02 Wednesdays, April 7, 14, 21, 28 **Course: 8 hours**

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 211

All Levels 10201 Main Street, Fairfax 22030

Presenter: Andrea Sobel Facilitator: Helen Webster

Positive Guidance: Encouraging Children

Encouragement shows appreciation of a child's efforts and sends the message that the child is important. Learn ways to use encouragement rather than threats, bribes, praise or other techniques that are not effective in helping children be successful.

Early Learning Guidelines Domains: SE, AL, LA (CDA Content Area: 3)

Course #: 1297-01 Thursday, April 8 Workshop: 2 hours

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 211

All Levels 10201 Main Street, Fairfax 22030

Presenter: Bronwyn Dean

Introduction to the Child Development Associate Credential

Take a step-by-step look at a CDA candidate's journey from start to finish. Learn about training requirements, discuss strategies for compiling a professional resource file, and discover resources to help prepare for successful reviews. (CDA Content Area: 6)

Course #: 1060-01 Thursdays, April 8, 15 Course: 4 hours

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 213

All Levels 10201 Main Street, Fairfax 22030

Presenter: Maria Gallagher

Art for Infants and Toddlers

Experience the visual arts from the perspective of infants and toddlers. Explore the early stages of the many ways children can express themselves through art and how art benefits a child's early brain development. Be prepared to work with paint and other creative materials.

Early Learning Guidelines Domains: SE, LA, CA (CDA Content Area: 3)

Course #: 1237-02 Saturday, April 10 Workshop: 3 hours

9:30 a.m. – 12:30 p.m.

Course Level: Resource Center at Main Street, Room 208

All Levels 10201 Main Street, Fairfax 22030

Presenter: Bronwyn Dean

NEW! The Project Approach

Explore how teaching and learning are interactive processes using the framework of "The Project Approach." Learn how to build upon individual and group interests while developing in-depth studies and investigations based on life experiences of the children.

Early Learning Guidelines Domains: All Domains (CDA Content Areas: 2, 3)

Course #: 1344-01 Saturday, April 10 Workshop: 3 hours

9:30 a.m. – 12:30 p.m.

Course Level: Resource Center at Main Street, Room 211

Advanced 10201 Main Street, Fairfax 22030

Presenter: Karen Quist

Good Old-Fashioned Creative Play

Explore the many ways to give children the freedom to experience creative play while still keeping them safe. You will learn about the idea of self-regulation for children and learn how creative play is an important part of a child's self-regulation system.

Early Learning Guidelines Domains: All Domains (CDA Content Areas: 2, 3)

Course #: 1318-02 Monday, April 12 Workshop: 2 hours

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 104

All Levels 10201 Main Street, Fairfax 22030

Presenters: Kathy Uhrich and Rodney Mills

NEW! Infants and Toddlers: Learning and Development

During the first three years of life, children's development happens very rapidly. Learn about brain development, cognitive development and language development. Discover how you can support, nurture and facilitate learning for infants and toddlers who are developing typically as well as those who need extra support and resources. Sponsored by the Virginia Infant & Toddler Specialist Network.

Early Learning Guidelines Domains: All Domains (CDA Content Areas: 1, 2, 4, 7, 8)

Course #: 1337-02 Mondays, April 12, 26; May 3, 10, 17, 24 **Course: 12 hours**

7 - 9 p.m.

Course Level: Pennino Building, Room 734

All Levels 12011 Government Center Parkway, Fairfax 22035

Presenter: Jennifer Miller

Introduction to Child Development Associate Credential

Take a step-by-step look at a CDA candidate's journey from start to finish. Learn about training requirements, discuss strategies for compiling a professional resource file, and discover resources to help prepare for successful reviews. (CDA Content Area: 6)

Course #: 1060-02 Tuesdays, April 13, 20 **Course: 4 hours**

7 - 9 p.m.

Course Level: Gum Springs Glen, Training Room

All Levels 7839 Richmond Highway, Alexandria 22306

Presenter: Maria Gallagher

NEW! Basic Sign Language for Infants and Toddlers

Explore how simple sign language, when paired with spoken words, can help infants and toddlers learn to communicate. Learn several basic signs that are easy for very young children to use. Discover how the youngest children can communicate more clearly when they learn how to tell you what they need. Sponsored by the Virginia Infant & Toddler Specialist Network.

Early Learning Guidelines Domains: SE, AL, LA (CDA Content Area: 2)

Course #: 1336-02 Thursdays, April 15, 22 Course: 4 hours

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 211

All Levels 10201 Main Street, Fairfax 22030

Presenter: Karen Russell Facilitator: Helen Webster

Sensory Awareness/Sensory Tables

Explore various sensory awareness activities you can provide for children using common materials. Discover science, math, creative arts and various other concepts that children can learn about through sensory exploration and investigation.

Early Learning Guidelines Domains: SE, MA, SCI (CDA Content Areas: 2, 3)

Course #: 1328-04 Saturday, April 17 Workshop: 3 hours

9:30 a.m. - 12:30 p.m.

Course Level: Resource Center at Main Street, Room 208

All Levels 10201 Main Street, Fairfax, 22030

Presenter: Bronwyn Dean

Songs Throughout the Day

Learn new songs to sing with children whether or not you consider yourself to be a singer. These songs can be used throughout the day in every child care setting.

Early Learning Guidelines Domains: SE, AL, LA, CA (CDA Content Area: 2)

Course #: 1293-02 Tuesday, April 20; Thursday, April 22 Course: 4 hours

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 213

All Levels 10201 Main Street, Fairfax, 22030

Presenter: Bronwyn Dean

Positive Guidance: Giving Children Clear Directions

Phrasing comments and directions in positive ways provides clear communication for children. Learn how to tell children what *to do* instead of what *not to do* so that you can provide clear expectations and opportunities for children to be successful.

Early Learning Guidelines Domains: SE, AL, LA (CDA Content Area: 3)

Course #: 1296-01 Wednesday, April 21 Workshop: 2 hours

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 213

All Levels 10201 Main Street, Fairfax 22030

Presenter: Karen Quist

Infants and Toddlers: Caregiving From Birth to Three

Learn what to expect in children's development from birth to age three and how to best support this development through daily interactions and the selection and use of simple materials.

Early Learning Guidelines Domains: SE, AL, LA, LIT, CA, HP (CDA Content Areas: 1, 2, 3, 8)

Course #: 1308-01 Tuesdays, April 27; May 4, 11, 18 **Course: 8 hours**

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 211

Basic 10201 Main Street, Fairfax 22030

Presenters: Bronwyn Dean and Maria Gallagher

NEW! Brain Gym for Infants and Toddlers

Discover how movement helps stimulate learning and activates pathways in the brain that lead to greater focus, concentration, movement, organization and communication. Learn simple Brain Gym techniques that lower stress and create a calm environment for infants and toddlers. Sponsored by the Virginia Infant & Toddler Specialist Network. Early Learning Guidelines Domains: SE, AL, HP (CDA Content Area: 2)

Course #: 1345-01 Wednesday, April 28 Workshop: 2 hours

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 213

Intermediate 10201 Main Street, Fairfax 22030

Presenter: Colleen Small Facilitator: Helen Webster

Positive Guidance: Encouraging Children

Encouragement shows appreciation of a child's efforts and sends the message that the child is important. Learn ways to use encouragement rather than threats, bribes, praise or other techniques that are not effective in helping children be successful.

Early Learning Guidelines Domains: SE, AL, LA (CDA Content Area: 3)

Course #: 1297-02 Thursday, April 29 Workshop: 2 hours

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 213

All Levels 10201 Main Street, Fairfax 22030

Presenter: Bronwyn Dean

NEW! Family Child Care Environments

The arrangement of space both indoors and out, materials and activities offered to children, and interactions between providers and children are all indicators of environmental quality. Learn about and use the Family Child Care Environment Rating Scale and explore options for enriching your family child care program.

Early Learning Guidelines Domains: All Domains (CDA Content Areas: 1, 2, 3, 5)

Course #: 1346-01 Thursdays, April 29; May 6, 13, 20 **Course: 8 hours**

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 211

Intermediate 10201 Main Street, Fairfax 22030

Presenter: Maria Gallagher

MAY CLASSES

Storytelling

Spark children's imagination, build literacy skills and have fun at the same time. Learn and practice simple techniques for sharing stories with young children.

Early Learning Guidelines Domains: LA, LIT (CDA Content Area: 2)

Course #: 1320-01 Saturday, May 1 Workshop: 3 hours

9:30 a.m. - 12:30 p.m.

Course Level: Gum Springs Glen, Training Room

All Levels 7839 Richmond Highway, Alexandria 22306

Presenter: Maria Gallagher

NEW! Brain Gym for Infants and Toddlers

Discover how movement helps stimulate learning and activates pathways in the brain that lead to greater focus, concentration, movement, organization and communication. Learn simple Brain Gym techniques that lower stress and create a calm environment for infants and toddlers. Sponsored by the Virginia Infant & Toddler Specialist Network. Early Learning Guidelines Domains: SE, AL, HP (CDA Content Area: 2)

Course #: 1345-02 Wednesday, May 5 Workshop: 2 hours

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 213

Intermediate 10201 Main Street, Fairfax 22030

Presenter: Colleen Small Facilitator: Helen Webster

Positive Guidance: Preventing Discipline Problems

Smooth-running programs require intentional planning to minimize discipline problems. Understanding ways to develop and adjust your prevention strategies to help children respond in positive ways is a primary step to a successful environment. Learn techniques to improve cooperation and to develop peaceful conflict resolution with children. Early Learning Guidelines Domains: SE, AL, LA (CDA Content Area: 3)

Course #: 1305-01 Thursdays, May 6, 13, 20 **Course: 6 hours**

7 - 9 p.m.

Course Level: Resource Center at Main Street, Room 213

Intermediate 10201 Main Street, Fairfax 22030

Presenter: Karen Quist

Sensory Awareness/Sensory Tables

Explore various sensory awareness activities you can provide for children using common materials. Discover science, math, creative arts and various other concepts that children can learn about through sensory exploration and investigation.

Early Learning Guidelines Domains: SE, MA, SCI (CDA Content Areas: 2, 3)

Course #: 1328-05 Saturday, May 8 Workshop: 3 hours

9:30 a.m. – 12:30 p.m.

Course Level: Resource Center at Main Street, Room 208

All Levels 10201 Main Street, Fairfax, 22030

Presenter: Bronwyn Dean

Art for Infants and Toddlers

Experience the visual arts from the perspective of infants and toddlers. Explore the early stages of the many ways children can express themselves through art and how art benefits a child's early brain development. Be prepared to work with paint and other creative materials.

Early Learning Guidelines Domains: SE, LA, CA (CDA Content Area: 3)

Course #: 1237-03 Saturday, May 15 Workshop: 3 hours

9:30 a.m. – 12:30 p.m.

Course Level: Resource Center at Main Street, Room 208

All Levels 10201 Main Street, Fairfax 22030

Presenter: Bronwyn Dean

NEW! The Project Approach

Explore how teaching and learning are interactive processes using the framework of "The Project Approach." Learn how to build upon individual and group interests while developing in-depth studies and investigations based on life experiences of the children.

Early Learning Guidelines Domains: All Domains (CDA Content Areas: 2, 3)

Course #: 1344-02 Saturday, May 22 Workshop: 3 hours

9:30 a.m. - 12:30 p.m.

Course Level: Resource Center at Main Street, Room 213

Advanced 10201 Main Street, Fairfax 22030

Presenter: Karen Quist

CURSOS EN ESPAÑOL

iNUEVO! Cantando y Aprendiendo: El Poder del Lenguaje

Vamos explorar la edad mágica cuando los niños descubren el poder del lenguaje. Aprenda herramientas y estrategias que facilitan y enriquecen esta descubierta tan importante y que apoyan el desarrollo de los niños de 18 meses a 3 anos de edad. Patrocinado por la Red Especializada de Infantes y Niños de Virginia.

Campos de las Guías Para el Aprendizaje Preescolar: SE, AL, LA, LIT, CA, HP (Áreas Temáticas de CDA: 1, 2)

Tendremos un descanso de media hora para almorzar. Por favor traiga su almuerzo y una bebida.

Curso #: 1347-11 Sábado, 13 de marzo Taller: 4 horas

9:30 a.m. – 2 p.m.

Nivel del Curso: Resource Center at Main Street, Sala 211

Todos los Niveles 10201 Main Street, Fairfax 22030

Presentadora: Sylvia Zwi Facilitadora: Jennifer Miller

Curso #: 1347-12 Sábado, 10 de abril Taller: 4 horas

9:30 a.m. - 2 p.m.

Nivel del Curso: Gum Springs Glen, Sala de Entrenamiento Todos los Niveles 7839 Richmond Highway, Alexandria 22306

Presentadora: Sylvia Zwi Facilitadora: Jennifer Miller

INUEVO! Entendiendo el Desarollo Socio-emocional de los Niñitos

Los niños dependen mucho de nuestra habilidad para entenderlos y guiarlos en su aprendizaje sobre sí mismos y su mundo. En este curso de ocho horas ud. va a aprender sobre el desarrollo emocional del niño, y como él aprende a interactuar apropriadamente con adultos y otros niños. También, ud. va a aprender algunas de las estrategias que muestran como guiar a los niños de 0 a 36 meses. Particularmente, haremos un enfasis en el desarrollo emocional de los niños que son bilingües y en este caso biculturales. Patrocinado por la Red Especializada de Infantes y Niños de Virginia. Campos de las Guías Para el Aprendizaje Preescolar: SE, AL, LA, HP (Áreas Temáticas de CDA: 3, 8)

Tendremos un descanso de media hora para almorzar. Por favor traiga su almuerzo y una bebida.

Curso #: 1348-11 Sábados, 23 de enero y 6 de febrero Curso: 8 horas

9:30 a.m. – 2 p.m.

Nivel del Curso: Gum Springs Glen, Sala de Entrenamiento Todos los Niveles 7839 Richmond Highway, Alexandria 22306

Presentadora: Annice van der Sluis

Facilitadora: Jennifer Miller

Curso #: 1348-12 Sábados, 8 y 22 de mayo **Curso: 8 horas**

9:30 a.m. - 2 p.m.

Nivel del Curso: Resource Center at Main Street, Sala 211

Todos los Niveles 10201 Main Street, Fairfax 22030

Presentadora: Annice van der Sluis

Facilitadora: Jennifer Miller

INUEVO! Canciones, Cuentos y Señas para los mas Pequeños

Aprenda a interesar a infantes y niños en cuentos, canciones, juegos de mano, marionetas y otras artes expresivas mientras integra lenguage de señas americano básico para aumentar el vocabulario y habilidades de comunicación. Explore técnicas que crearán un amor por el aprendizaje en el estudiante más pequeño. Patrocinado por la Red Especializada de Infantes y Niños de Virginia.

Campos de las Guías Para el Aprendizaje Preescolar: SE, AL, LA, LIT, CA, HP (Áreas Temáticas de CDA: 2, 3)

Curso #: 1351-11 Sábado, 27 de febrero Taller: 2 horas

9:30 - 11:30 a.m.

Nivel del Curso: Resource Center at Main Street, Sala 211

Todos los Niveles 10201 Main Street, Fairfax 22030

Presentadora: Mariana Pino Facilitadora: Karen Quist

Curso #: 1351-12 Jueves, 11 de marzo Taller: 2 horas

7 - 9 p.m.

Nivel del Curso: Resource Center at Main Street, Sala 211

Todos los Niveles 10201 Main Street, Fairfax 22030

Presentadora: Mariana Pino Facilitadora: Helen Webster

Curso #: 1351-13 Sábado, 13 de marzo Taller: 2 horas

9:30 - 11:30 a.m.

Nivel del Curso: Resource Center at Main Street, Sala 213

Todos los Niveles 10201 Main Street, Fairfax 22030

Presentadora: Mariana Pino Facilitadora: Jennifer Miller

EARLY LEARNING GUIDELINES DOMAINS:

SE – Social and Emotional Development AL – Approaches to Learning LA – Language LIT – Literacy MA – Mathematics SCI – Science CA – Creative Arts HP – Health and Physical Development







There are four courses in the School Readiness Certificate program. This 45-hour program will prepare you with the knowledge and skills needed to help children enter kindergarten ready to succeed. To receive a School Readiness Certificate, you will be required to attend all sessions in all four courses. These courses are taught in English and require written and oral English language skills.

To earn a School Readiness Certificate, courses must be completed the following order:

- Course 1: Understanding the Role of the "Early Learning Guidelines" in Assuring School Readiness
- Course 2: Planning Early Learning Environments and Daily Routines
- Course 3: Exploring Curriculum and Building Quality Portfolios
- Course 4: Helping Children and Families Make Terrific Transitions

Course 1 must be completed before taking the other three courses.

- Not all School Readiness Certificate courses are offered in every catalog.
- In this catalog, Courses 2, 3 and 4 are being offered.
- In the Fall 2010 catalog, Courses 1 and 2 will be offered.

Please call 703-324-8267 if you have questions about enrolling in the School Readiness Certificate Program.

Participants who complete all four School Readiness Certificate courses may be eligible for Advanced Standing credit at Northern Virginia Community College.

Course 2: Planning Early Learning Environments and Daily Routines

As we examine quality environments and daily routines, you will learn how environments and routines contribute to school readiness. You will visit a Fairfax County Public School kindergarten classroom.

Early Learning Guidelines Domains: All Domains (CDA Content Areas: 1, 2, 3, 5, 8)

Please note: To enroll in this course, you must have already taken Course 1.

Course #: 1220-01 Course: 12 hours Tuesdays, January 12, 19, 26; February 2

7 – 9 p.m. **AND**

Course Level: Saturday, February 20 Advanced 9:30 a.m. - 2 p.m.

Resource Center at Main Street, Room 211

10201 Main Street, Room 211 Presenter: Marshann Snyder

Course #: 1220-02 Course: 12 hours Thursdays, January 7, 21; February 4, 18

1 – 3 p.m. **AND**

Saturday, March 6 Course Level: Advanced 9:30 a.m. – 2 p.m.

Gum Springs Glen, Training Room

7839 Richmond Highway, Alexandria 22306

Presenter: Marshann Snyder

Course 3: Exploring Curriculum and Building Quality Portfolios

Define curriculum and review curriculum approaches as well as reflect on the adult's role in providing meaningful experiences and purposeful interactions for individual children. Discuss how to individualize curriculum plans and how to build quality portfolios based on observations of children.

Early Learning Guidelines Domains: All Domains (CDA Content Areas: 2, 3, 4, 7, 8)

Please note: To enroll in this course, you must have already taken Courses 1 and 2.

Course #: 1233-01 Tuesdays, February 23; March 2, 9 Course: 10 hours

7 – 9 p.m. **AND**

Course Level: Saturday, March 20 Advanced 9:30 a.m. – 2 p.m.

Resource Center at Main Street, Room 213

10201 Main Street, Fairfax 22030 Presenter: Marshann Snyder

Course #: 1233-02 Thursdays, March 11, 25; April 8 Course: 10 hours

1 - 3 p.m. AND

Course Level: Saturday, April 17 Advanced 9:30 a.m. – 2 p.m.

Gum Springs Glen, Training Room

7839 Richmond Highway, Alexandria 22306

Presenter: Marshann Snyder

Course 4: Helping Children and Families Make Terrific Transitions

Take a look at a variety of approaches that will help you understand the expectations of kindergarten teachers.

Approaches to building smooth transitions and fostering strong relationships will be explored.

Early Learning Guidelines Domains: All Domains (CDA Content Areas: 3, 4, 5, 6, 8)

Please note: To enroll in this course, you must have already taken Courses 1, 2 and 3.

Course #: 1209-01 Tuesdays, April 6, 13, 20 **Course: 10 hours**

7 – 9 p.m. **AND**

Course Level: Saturday, May 1 Advanced 9:30 a.m. – 2 p.m.

Resource Center at Main Street, Room 211

10201 Main Street, Fairfax 22030 Presenter: Marshann Snyder

Course #: 1209-02 Thursdays, April 22; May 6, 20 **Course: 10 hours**

1 – 3 p.m. **AND**

Course Level: Saturday, May 22 Advanced 9:30 a.m. – 2 p.m.

Gum Springs Glen, Training Room

7839 Richmond Highway, Alexandria 22306

Presenter: Marshann Snyder

Wolf Trap Institute for Early Learning Through the Arts

The Wolf Trap Institute for Early Learning Through the Arts provides innovative, arts-based teaching strategies and services to early childhood teachers, caregivers, parents and their young children through the disciplines of drama, music and movement.

The Fairfax County Office for Children is pleased to offer workshops in partnership with Wolf Trap.

NEW! Baby Beat, Baby Feet!

Amoving child is a learning child! Learn about the connections that music and movement have in all areas of infant and toddler development and their application to the daily routines of the classroom and home settings.

Sponsored by the Virginia Infant & Toddler Specialist Network.

Early Learning Guidelines Domains: SE, LA, CA, HP (CDA Content Areas: 2, 3)

Course #: 1338-01 Saturday, February 6 Workshop: 3 hours

10 a.m. – 1 p.m.

Course Level: Center for Education at Wolf Trap
All Levels 1645 Trap Road, Vienna 22182

Presenters: Valerie Carroll and Maria Tripodi

Facilitator: Helen Webster

NEW! Math in Motion: Using Creative Movement to Explore Math FUNdamentals!

Movement is the first language of children! Learn how dance can be used to develop preschool math concepts such as number sense, classification, geometry, measurement, patterns and math reasoning.

Early Learning Guidelines Domains: SE, LA, MA, CA, HP (CDA Content Areas: 2, 3)

Course #: 1339-01 Saturday, February 27

10 a.m. - 1 p.m.

Course Level: Center for Education at Wolf Trap
All Levels 1645 Trap Road, Vienna 22182
Presenter: Rachel Knudson

Facilitator: Maria Gallagher

NEW! Wake Up Your Wishes: An Introduction to Wolf Trap Drama

Explore creative drama strategies, including imaginary travel and story dramatization, that build emergent literacy skills, creativity, and increase young children's active learning in all areas of development. A Wolf Trap classic!

Early Learning Guidelines Domains: SE, LA, LIT, CA, HP (CDA Content Areas: 2, 3)

Course #: 1341-01 Saturday, March 13 Workshop: 3 hours

10 a.m. – 1 p.m.

Course Level: Center for Education at Wolf Trap
All Levels 1645 Trap Road, Vienna 22182

Presenter: Michele Valeri Facilitator: Maria Gallagher Workshop: 3 hours

NEW! Rediscovering and Exploring Science Through the Arts

Learn how stories, movement, music, puppetry and drama can be used to enhance preschool science concepts such as observation and description, problem solving and critical thinking, emergent literacy and scientific discovery. Early Learning Guidelines Domains: SE, AL, LA, SCI, CA, HP (CDA Content Areas: 2, 3)

Course #: 1342-01 Workshop: 3 hours Saturday, March 27

10 a.m. – 1 p.m.

Course Level: Center for Education at Wolf Trap All Levels 1645 Trap Road, Vienna 22182

> Presenter: Jeanne Wall Facilitator: Bronwyn Dean



Directions to the Center for Education at Wolf Trap

From the Capital Beltway (495), take exit 45 to Route 267 West (Dulles Toll Road). Follow signs to local exits, pay the toll and exit at the Wolf Trap ramp. Make a Uturn at the Filene Center, drive ¼ mile. The Center for Education will be on your left. From Interstate 66 West-bound, take exit 67 to Route 267 (Dulles Toll Road).

Follow signs for local exits, pay the toll and exit at the Wolf Trap ramp. Make a U-turn at the Filene Center, drive ¼ mile. The Center for Education will be on your left.

From Interstate 66 East-bound, take the Capital Beltway (495) North to exit 45 onto Route 267 (Dulles Toll Road). Follow signs to local exits, pay the toll and exit at the Wolf Trap ramp. Make a U-turn at the Filene Center, drive ¼ mile. The Center for Education will be on your left.

From Route 7 West-bound (toward Leesburg), turn left on Towlston Road, drive 11/4 miles. The Center for Education will be on your left.

From Route 267 East-bound, take exit 16 onto Route 7 West. Proceed 1½ miles and turn left on Towlston Road. Drive 1¼ miles. The Center for Education will be on your left.

For information on how to reach this location using public transportation, visit www.fairfaxconnector.com 703-339-7200; TTY703-339-1608 or www.wmata.com 202-637-7000; TTY 202-638-3780.

USDA Child and Adult Care Food Program Serve Nutritious Meals and Earn Cash!

The USDA Child and Adult Program will reimburse family child care providers for some of their child care food costs. Learn how this could benefit you and your family child care business.

As part of the USDA Food Program, in addition to cash reimbursements, you will also receive:

- Priority registration for special workshops only for USDA Food Program participants
- Help in communicating with parents about food-related concerns
- Assistance in planning nutritious meals
- Consultation with nutrition specialists

For easy reimbursement, you can submit your Food Program records online.

Need more reasons to join? Look at these figures:

Number of	Money Yo	u Could Claim Monthly	Money You Could Claim Yearly		
Children	Tier One*	Tier Two*	Tier One*	Tier Two*	
5	\$426.30	\$204.75	\$5,115.60	\$2,457.00	
3	\$255.78	\$122.85	\$3,069.36	\$1,474.20	
1	\$85.26	\$40.95	\$1,023.12	\$491.40	

^{*}For information about eligibility requirements for each tier, call 703-324-8100.

Join this great program that helps your child care business and provides children with nutritious meals and snacks!

As soon as you have a family child care permit and children in care, please call 703-324-8100 to register for a USDA Food Program Orientation class or to schedule an in-home USDA Food Program Orientation.

FAMILY CHILD CARE BUSINESS WORKSHOPS

Note: The following workshops are designed specifically for family child care providers.

USDA Child and Adult Care Food Program Orientation

Learn how the Food Program can benefit a family child care business. Find out how to join the Food Program and how to submit your monthly claims for reimbursement. Please note: you will receive two hours of training credit <u>after</u> joining the Food Program and receiving a visit from your Child Care Specialist. (CDA Content Area: 5)

Course #: 1814-01 Tuesday, January 5

7 - 9 p.m.

Course Level: South County Center, Room 221C

All levels 8350 Richmond Highway, Alexandria 22309

Presenter: Provider Services Staff

Course #: 1814-02 Tuesday, February 2 Workshop: 2 hours

7 - 9 p.m.

Course Level: Pennino Building, Room 1034

All levels 12011 Government Center Parkway, Fairfax 22035

Presenter: Provider Services Staff

Course #: 1814-03 Tuesday, March 2 Workshop: 2 hours

7 - 9 p.m.

Course Level: South County Center, Room 221C

All levels 8350 Richmond Highway, Alexandria 22309

Presenter: Provider Services Staff

Course #: 1814-04 Tuesday, April 6 Workshop: 2 hours

7 - 9 p.m.

Course Level: Pennino Building, Room 1034

All levels 12011 Government Center Parkway, Fairfax 22035

Presenter: Provider Services Staff

Course #: 1814-05 Tuesday, May 4 Workshop: 2 hours

7 - 9 p.m.

Course Level: Gum Springs Glen, Training Room

All levels 7839 Richmond Highway, Alexandria 22306

Presenter: Provider Services Staff

Growing Your Child Care Business

Learn ways to run a successful family child care business, including the critical steps to effective marketing and record management. This workshop is designed for family child care providers who have been in business less than one year. (CDA Content Area: 5)

Course #: 1805-01 Thursday, February 25 Workshop: 2 hours

7 - 9 p.m.

Course Level: Community Business Partnership Building, Suite C

All levels 7001 Loisdale Road, Springfield 22150

Presenter: Barbara Wrigley

Workshop: 2 hours

Growing Your Child Care Business

Learn ways to run a successful family child care business, including the critical steps to effective marketing and record management. This workshop is designed for family child care providers who have been in business less than one year. (CDA Content Area: 5)

Course #: 1805-02 Thursday, March 18 Workshop: 2 hours

7 - 9 p.m.

Course Level: Pennino Building, Room 1034

All levels 12011 Government Center Parkway, Fairfax 22035

Presenter: Barbara Wrigley

Course #: 1805-03 Thursday, May 20 Workshop: 2 hours

7 - 9 p.m.

Course Level: Community Business Partnership Building, Suite C

All levels 7001 Loisdale Road, Springfield 22150

Presenter: Barbara Wrigley

Tax Preparation for Family Child Care Providers

This workshop will provide tax-saving information and tips for family child care providers. Participants will learn how to make the most of deductibles expenses. Instructor will also focus on effective record keeping techniques to maximize income potentials.

(CDA Content Area: 5)

Course #: 1820-01 Thursday, January 14 Workshop: 2 hours

7 - 9 p.m.

Course Level: Pennino Building, Room 206

All levels 12011 Government Center Parkway, Fairfax 22035

Presenter: Martha Yungk

Course #: 1820-02 Thursday, January 21 Workshop: 2 hours

7 - 9 p.m.

Course Level: Pennino Building, Room 206

All levels 12011 Government Center Parkway, Fairfax 22035

Presenter: Martha Yungk

Reconocimiento y Repuesta al Abuso Infantil

¿Sabía usted que cuando hay sospecha de abuso o descuido de un niño, debe ser reportado al Servicio de Protección al Menor? Este taller explorara las señales de abuso y/o descuido al menor y revisara directrices (guías) mandatarias de cómo reportar.

(Área temática de CDA: 5)

Curso #: 1800-11 Jueves, 11 de febrero Workshop: 2 hours

7 - 9 p.m.

Nivel del Curso: Pennino Building, Sala 734

Todos los Niveles 12011 Government Center Parkway, Fairfax 22035

Presentadora: Pam Carter

SIDS and Shaken Baby Syndrome

Caregivers must keep children safe. Learn more about Sudden Infant Death Syndrome and ways to prevent infant death. Also, learn about the symptoms of Shaken Baby Syndrome and ways to cope with crying infants. (CDA Content Area: 1)

Course #: 1833-01 Tuesday, March 16 Workshop: 2 hours

7 - 9 p.m.

Course Level: South County Center, Room 221

All Levels 8350 Richmond Highway, Alexandria 22309

Presenter: Betty Connal

Emergency Preparedness

Presented by staff from the Office of Emergency Management, this workshop will help family child care providers enhance the emergency response plans they use to protect the children in their care. Participants will discuss communication and evacuation plans, as well as supplies for shelter-in place and first aid. (CDA Content Area: 5)

Course #: 1803-01 Wednesday, April 14 Workshop: 2 hours

7 - 9 p.m.

Course Level: Pennino Building, Room 206

All Levels 12011 Government Center Parkway, Fairfax 22035

Presenter: John Hudson

Growing Your Child Care Business – The Next Step

Learn winning ways to grow your family child care business, including low-cost marketing, interview skills and business planning. This workshop will give you proven ideas to make your business grow to the next level. (CDA Content Area: 5)

Course #: 1806-01 Saturday, April 17 Workshop: 3 hours

9 a.m. - noon

Course Level: Pennino Building, Room 1034

All levels 12011 Government Center Parkway, Fairfax 22035

Presenter: Barbara Wrigley

NEW! Infant Nutrition

This workshop provides guidance about the feeding and nutrition of infants less than 12 months of age. Also, learn about safe food handling and preparation, choking prevention, and infant meal pattern requirements to meet the challenges of nurturing and feeding infants.

(CDA Content Area: 2)

Course #: 1890-01 Saturday, April 24 Workshop: 3 hours

9 a.m. – noon

Course Level: Pennino Building, Room 206

All levels 12011 Government Center Parkway, Fairfax 22035

Presenter: Abeba Tzeggai

Medication Safety (formerly called: Administration of Medication)

Learn how to safely give medications to children in your care. Topics include how to read a medicine label, how to administer medication, safe storage and disposal of medication, how to document medication administration, potential side effects and adverse reactions. This workshop does not meet the requirements for Medication Administration Training for state-licensed family and center-based programs.

Workshop: 2 hours

(CDA Content Area: 1)

Course #: 1823-01 Wednesday, May 12

7 - 9 p.m.

Course Level: Pennino Building, Room 206

All levels 12011 Government Center Parkway, Fairfax 22035

Presenter: Marna Zok

HEALTH RESOURCES FOR CHILD CARE PROVIDERS

Providers are encouraged to do their own research in selecting a company for these services. The county is not offering this list as a recommendation or endorsement.

American Health Services	www.americanhealthserve.com	703-619-1034
American Lifeguard Association	www.americanlifeguard.com	703-761-6750
American Red Cross (English and Spanish)	www.redcross.org	703-584-8700
Berea Health Services (English and Spanish)	rovic@cox.net	703-585-2593
CISNE Services (English and Spanish)	cisnerj@hotmail.com	703-574-3726
CPR-N-U	classes@CPR-N-U.com	202-679-5880
Fairfax City Parks and Recreation	www.fairfaxva.gov	703-385-7978
Fairfax County Public Schools (Adult & Community Ed.)	www.fcps.edu/aceclasses	703-658-1225
GotCPR	www.gotcpr.net	571-218-0871
Heart Starts, LLC	www.heartstarts.com	703-261-7098
Inova	www.inova.com	703-750-8800
Julio Rodriguez (English and Spanish)	Rodriquez_3j@hotmail.com	571-338-5058
Safety First CPR & First Aid (English and Spanish)	www.safety1stcpr.com	703-209-2216

NOTE: When contacting these companies, confirm that you will be issued a CPR/first aid card.

Online or video first aid and/or CPR training will not be accepted for permit certification.

Health Department telephone numbers to call for TB Tests:

 Herndon
 703-481-4242
 Mt. Vernon
 703-704-5203

 Falls Church
 703-534-8343
 Springfield
 703-569-1031

Fairfax 703-246-7100

You can also call your own doctor for a TB test.

January 2010 Professional Development Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	☑ Office for Children arly Childhood Education Agency				1 Holiday	2
3	4	5 USDA Child and Adult Care Food Program Orientation South County Center 221C, 7-9 p.m.	6	7 School Readiness Course 2 Gum Springs Glen, 1-3 p.m.	8	9 Art for Infants and Toddlers Main Street 208, 9:30 a.m12:30 p.m.
10	I1 Infants and Toddlers: Social- Emotional Growth and Socialization Pennino 734, 7-9 p.m. Understanding Child Abuse and Neglect Main Street 211, 7-9 p.m.	Count Me In: Math and Young Children Main Street 211, 1-3 p.m. School Readiness Course 2 Main Street 211, 7-9 p.m. Movement Activities for Preschoolers Gum Springs Glen, 7-9 p.m.	13	14 Count Me In: Math and Young Children Gum Springs Glen, 7-9 p.m. Art for Preschoolers Main Street 208, 7-9 p.m. Basic Sign Language for Infants and Toddlers Main Street 211, 7-9 p.m. Tax Preparation for Family Child Care Providers Pennino 206, 7-9 p.m.	15	16
7	18 Holiday	Count Me In: Math and Young Children Main Street 211, 1-3 p.m. School Readiness Course 2 Main Street 211, 7-9 p.m. Movement Activities for Preschoolers Gum Springs Glen, 7-9 p.m.	20 Infants and Toddlers: Learning and Development Pennino 734, 7-9 p.m.	21 School Readiness Course 2 Gum Springs Glen, 1-3 p.m. Count Me In: Math & Young Children Gum Springs Glen, 7-9 p.m. Art for Preschoolers Main Street 208, 7-9 p.m. Basic Sign Language for Infants and Toddlers Main Street 211, 7-9 p.m. Tax Preparation for Family Child Care Providers Pennino 206, 7-9 p.m.	22	23 Entendiendo el Desarollo Socio- emocional de los Niñitos Gum Springs Glen, 9:30 a.m2 p.m.
24	25 Infants and Toddlers: Social- Emotional Growth and Socialization Pennino 734, 7-9 p.m. Including School-Age Children With Special Needs Pennino 930, 7-9 p.m.	26 Count Me In: Math and Young Children Main Street 211, 1-3 p.m. School Readiness Course 2 Main Street 211, 7-9 p.m. Songs Throughout the Day	27	28 Count Me In: Math and Young Children Gum Springs Glen, 7-9 p.m.	29	30 Storytelling Main Street 211, 9:30 a.m12:30 p.m Sensory Awareness/Sensory Tables Main Street 208, 9:30 a.m12:30 p.m

February 2010 Professional Development Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Bottle Biology and the Environment Main Street 104, 7-9 p.m.	Count Me In: Math and Young Children Main Street 211, 1-3 p.m. School Readiness Course 2 Main Street 211, 7-9 p.m. Songs Throughout the Day Gum Springs Glen, 7-9 p.m. USDA Child and Adult Care Food Program Orientation Pennino 1034, 7-9 p.m.	3 Infants and Toddlers: Learning and Development Pennino 734, 7-9 p.m.	4 School Readiness Course 2 Gum Springs Glen, 1-3 p.m. Count Me In: Math and Young Children Gum Springs Glen, 7-9 p.m.	5	6 Entendiendo el Desarollo Socio- emocional de los Niñitos Gum Springs Glen, 9:30 a.m2 p. Sensory Awareness/Sensory Tak Main Street 208, 9:30 a.m12:30 Baby Beat, Baby Feet! Wolf Trap, 10 a.m1 p.m.
7	8 Infants and Toddlers: Social- Emotional Growth and Socialization Pennino 734, 7-9 p.m.	9 Rethinking the Brain Main Street 211, 7-9 p.m. Message Boards Main Street 213, 7-9 p.m. Reading Stories With Infants and Toddlers Burke Library, 6:45-8:45 p.m.	10 Songs, Stories and Signs for the Very Young Main Street 211, 7-9 p.m.	11 Revised "Developmentally Appropriate Practice," Main Street 211, 7-9 p.m. Movement Activities for Preschoolers Main Street 213, 7-9 p.m. Reconocimiento y Repuesta al Abuso Infantil Pennino 734, 7-9 p.m.	12	13
14	15 Holiday	16 Rethinking the Brain Main Street 211, 7-9 p.m. Message Boards Main Street 213, 7-9 p.m. Reading Stories With Infants and Toddlers Burke Library, 6:45-8:45 p.m.	17 Infants and Toddlers: Learning and Development Pennino 734, 7-9 p.m. Songs, Stories and Signs for the Very Young Main Street 211, 7-9 p.m.	18 School Readiness Course 2 Gum Springs Glen, 1-3 p.m. Revised "Developmentally Appropriate Practice," Main Street 211, 7-9 p.m. Movement Activities for Preschoolers Main Street 213, 7-9 p.m.	19	School Readiness Course 2 Main Street 211, 9:30 a.m2 p.m
21	Infants and Toddlers: Social-Emotional Growth and Socialization Pennino 734, 7-9 p.m. Good Old-Fashioned Creative Play Main Street 104, 7-9 p.m.	23 School Readiness Course 3 Main Street 213, 7-9 p.m. Rethinking the Brain Main Street 211, 7-9 p.m. The Toy Story: Make Your Own Learning Materials Main Street 208, 7-9 p.m.	24 Songs, Stories and Signs for the Very Young Main Street 211, 7-9 p.m.	Revised "Developmentally Appropriate Practice", Main Street 211, 7-9 p.m. Art for Preschoolers Main Street 208, 7-9 p.m. Growing Your Child Care Business Comm. Business Partnership Bldg, 7-9 p.m.	26	Math in Motion: Using Creative Movement to Explore Math FUNdamentals! Wolf Trap, 10 a.m1 p.m. Canciones, Cuentos y Señas para mas Pequeños Main Street 211, 9:30-11:30 a.m

Office for Children
 An Early Childhood Education Agency

March 2010 Professional Development Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Understanding Child Abuse and Neglect Main Street 211, 7-9 p.m.	2 School Readiness Course 3 Main Street 213, 7-9 p.m. The Toy Story: Make Your Own Learning Materials Main Street 208, 7-9 p.m. Understanding and Planning for the Developmental Needs of Infants and Toddlers Gum Springs Glen, 7-9 p.m. USDA Child and Adult Care Food Program Orientation South County Center 221C, 7-9 p.m.	3 Infants and Toddlers: Learning and Development Pennino 734, 7-9 p.m. Brain Gym II Main Street 211, 7-9 p.m. Building Relationships With Effective Communication Main Street 213, 7-9 p.m.	4 Art for Preschoolers Main Street 208, 7-9 p.m. Positive Guidance: Realistic Choices Main Street 211, 7-9 p.m.	5	6 School Readiness Course 2 Gum Springs Glen, 9:30 a.m2 p.m. Dramatic Play Main Street 208, 9:30 a.m12:30 p.m. Positive Guidance: Reframing Discipline Main Street 211, 9:30 a.m3 p.m.
7	8 Infants and Toddlers: Social-Emotional Growth and Socialization Pennino 734, 7-9 p.m. Including School-Age Children With Special Needs Pennino 930, 7-9 p.m.	9 School Readiness Course 3 Main Street 213, 7-9 p.m. Message Boards Main Street 211, 7-9 p.m. Understanding and Planning for the Developmental Needs of Infants and Toddlers Gum Springs Glen, 7-9 p.m.	Hereit 213, 7-9 p.m Building Relationships With Effective Communication Main Street 213, 7-9 p.m.	11 School Readiness Course 3 Gum Springs Glen, 1-3 p.m. Amazing Days: Celebrating With Families Gum Springs Glen, 7-9 p.m. Canciones, Cuentos y Señas para los mas Pequeños Main Street 211, 7-9 p.m	12	Wake Up Your Wishes: An Introduction to Wolf Trap Drama Wolf Trap, 10 a.m1 p.m. Cantando y Aprendiendo: El Poder del Lenguaje Main Street 211, 9:30 a.m2 p.m. Canciones, Cuentos y Señas para los mas Pequeños Main Street 213, 9:30-11:30 a.m.
4	15 Bottle Biology and the Environment Main Street 104, 7-9 p.m.	Message Boards Main Street 211, 7-9 p.m. Understanding and Planning for the Developmental Needs of Infants and Toddlers Gum Springs Glen, 7-9 p.m. SIDS and Shaken Baby Syndrome South County Center 221, 7-9 p.m.	I7 Infants and Toddlers: Learning and Development Pennino 734, 7-9 p.m. Brain Gym II Main Street 211, 7-9 p.m. Building Relationships With Effective Communication Main Street 213, 7-9 p.m.	18 Amazing Days: Celebrating With Families Gum Springs Glen, 7-9 p.m. Growing Your Child Care Business Pennino 1034, 7-9 p.m.	19	School Readiness Course 3 Main Street 213, 9:30 a.m2 p.m. Sensory Awareness/Sensory Tables Main Street 208, 9:30 a.m12:30 p.m.
	22 Infants and Toddlers: Social-Emotional Growth and Socialization Pennino 734, 7-9 p.m.	23 Understanding and Planning for the Developmental Needs of Infants and Toddlers Gum Springs Glen, 7-9 p.m.	24 Brain Gym II Main Street 211, 7-9 p.m Building Relationships With Effective Communication Main Street 213, 7-9 p.m.	25 School Readiness Course 3 Gum Springs Glen, 1-3 p.m.	26	27 Rediscovering and Exploring Science Through the Arts Wolf Trap, 10 a.m1 p.m.
28	29 Fairfax Schools Spring Break	30 Fairfax Schools Spring Break	31 Fairfax Schools Spring Break			D F C Office for Children In Early Childhood Education Agency

April 2010 Professional Development Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	F C Office fo			1 Fairfax Schools Spring Break	2 Fairfax Schools Spring Break	3
4	5	6 School Readiness Course 4 Main Street 211, 7-9 p.m. USDA Child and Adult Care Food Program Orientation Pennino 1034, 7-9 p.m.	7 Infants and Toddlers: Learning and Development Pennino 734, 7-9 p.m. Understanding and Planning for the Developmental Needs of Infants and Toddlers Main Street 211, 7-9 p.m. Director's Focus: A Quality Rating and Improvement System Main Street 211, 9:30 a.m12:30 p.m.	8 School Readiness Course 3 Gum Springs Glen, 1-3 p.m. Introduction to the Child Development Associate Credential Main Street 213, 7-9 p.m. Positive Guidance: Encouraging Children Main Street 211, 7-9 p.m.	9	10 Cantando y Aprendiendo: El Poder del Lenguaje Gum Springs Glen, 9:30 a.m2 p.m Art for Infants and Toddlers Main Street 208, 9:30 a.m12:30 p The Project Approach Main Street 211, 9:30 a.m12:30 p
11	I2 Infants and Toddlers: Learning and Development Pennino 734, 7-9 p.m. Good Old-Fashioned Creative Play Main Street 104 7-9 p.m.	School Readiness Course 4 Main Street 211, 7-9 p.m. Introduction to the Child Development Associate Credential Gum Springs Glen, 7-9 p.m.	14 Understanding and Planning for the Developmental Needs of Infants and Toddlers Main Street 211, 7-9 p.m. Emergency Preparedness Pennino 206, 7-9 p.m.	Introduction to the Child Development Associate Credential Main Street 213, 7-9 p.m. Basic Sign Language for Infants and Toddlers Main Street 211, 7-9 p.m.	16	School Readiness Course 3 Gum Springs Glen, 9:30 a.m2 p.m Sensory Awareness/Sensory Table Main Street 208, 9:30 a.m12:30 p Growing Your Child Care Business The Next Step Pennino 1034, 9 a.mnoon
18	19	20 School Readiness Course 4 Main Street 211, 7-9 p.m. Introduction to the Child Development Associate Credential Gum Springs Glen, 7-9 p.m. Songs Throughout the Day Main Street 213, 7-9 p.m.	Understanding and Planning for the Developmental Needs of Infants and Toddlers Main Street 211, 7-9 p.m. Positive Guidance: Giving Children Clear Directions Main Street 213, 7-9 p.m.	School Readiness Course 4 Gum Springs Glen, 1-3 p.m. Basic Sign Language for Infants and Toddlers Main Street 211, 7-9 p.m. Songs Throughout the Day Main Street 213, 7-9 p.m.	23	24 Infant Nutrition Pennino 206, 9 a.mnoon
25	26 Infants and Toddlers: Learning and Development Pennino 734, 7-9 p.m.	27 Infants and Toddlers: Caregiving From Birth to Three Main Street 211, 7-9 p.m.	28 Brain Gym for Infants and Toddlers Main Street 213, 7-9 p.m. Understanding and Planning for the Developmental Needs of Infants and Toddlers Main Street 211, 7-9 p.m.	29 Family Child Care Environments Main Street 211, 7-9 p.m. Positive Guidance: Encouraging Children Main Street 213, 7-9 p.m.	30	

May 2010 Professional Development Calendar

		T	T			
Sun	Mon	Тие	Wed	Thu	Fri	Sat
						School Readiness Course 4 Main Street 211, 9:30 a.m2 p.m. Storytelling Gum Springs Glen, 9:30 a.m12:30 p.m.
2	3 Infants and Toddlers: Learning and Development Pennino 734, 7-9 p.m.	4 Infants and Toddlers: Caregiving From Birth to Three Main Street 211, 7-9 p.m. USDA Child and Adult Care Food Program Orientation Gum Springs Glen, 7-9 p.m.	5 Brain Gym for Infants and Toddlers Main Street 213, 7-9 p.m.	6 School Readiness Course 4 Gum Springs Glen, 1-3 p.m. Family Child Care Environments Main Street 211, 7-9 p.m. Positive Guidance: Preventing Discipline Problems Main Street 213, 7-9 p.m.	7	8 Entendiendo el Desarollo Socio- emocional de los Niñitos Main Street 211, 9:30 a.m2 p.m. Sensory Awareness/Sensory Tables Main Street 208, 9:30 a.m12:30 p.m.
9	10 Infants and Toddlers: Learning and Development Pennino 734, 7-9 p.m.	11 Infants and Toddlers: Caregiving From Birth to Three Main Street 211, 7-9 p.m.	12 Medication Safety Pennino 206, 7-9 p.m.	13 Family Child Care Environments Main Street 211, 7-9 p.m. Positive Guidance: Preventing Discipline Problems Main Street 213, 7-9 p.m.	14	15 Art for Infants and Toddlers Main Street 208, 9:30 a.m12:30 p.m.
16	17 Infants and Toddlers: Learning and Development Pennino 734, 7-9 p.m.	18 Infants and Toddlers: Caregiving From Birth to Three Main Street 211, 7-9 p.m.	19	20 School Readiness Course 4 Gum Springs Glen, 1-3 p.m. Family Child Care Environments Main Street 211, 7-9 p.m. Positive Guidance: Preventing Discipline Problems Main Street 213, 7-9 p.m. Growing Your Child Care Business Comm. Business Partnership Bldg, 7-9 p.m.	21	The Project Approach Main Street 213, 9:30 a.m12:30 p.m. School Readiness Course 4 Gum Springs Glen, 9:30 a.m2 p.m. Entendiendo el Desarollo Socioemocional de los Niñitos Main Street 211, 9:30 a.m2 p.m.
23	24 Infants and Toddlers: Learning and Development Pennino 734, 7-9 p.m.	25	26	27	28	29
30	31 Holiday					Office for Children hildhood Education Agency

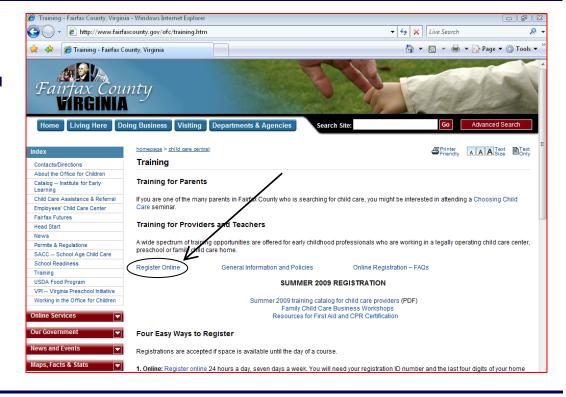
1. Type in the Web address:

www.fairfaxcounty.gov/ofc

Click on the word "Training" in the left-hand column.

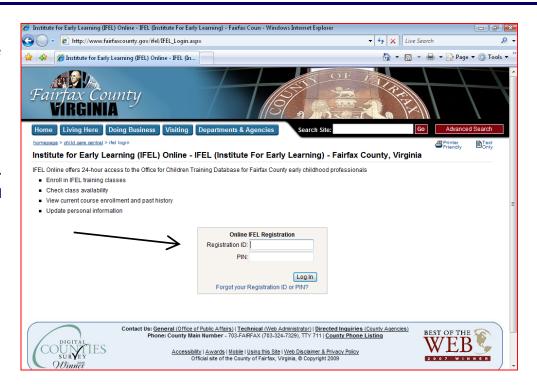


2. Click on the words
"Register Online"
under the header
"Training for Providers and
Teachers."



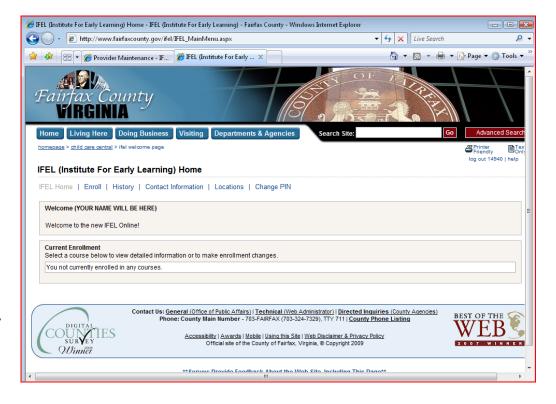
3. Type in your Registration ID number and PIN number in the appropriate boxes. Then click on "Log In."

If you cannot remember your numbers, click on "Forgot your registration information?" and enter the e-mail address you have on file with the Institute for Early Learning. Your ID and PIN will be sent to you via e-mail.



- 4. After you "log In," this Web page will appear. There are 6 'buttons' you can click on. You can now:
 - View the classes for which you are enrolled at "IFEL Home."
 - "Enroll" in classes.
 - View the last 3 years of your training "History."
 - Update your "Contact Information."
 - View training "Locations" with directions.
 - "Change PIN" number.

If you do not have an ID or PIN, please call 703-324-3044.



Registration forms received before December 9, 2009 will not be processed.

Fill out and MAIL or FAX the registration form on page 39 on or after December 9, 2009, to:

Office for Children - Institute for Early Learning 12011 Government Center Parkway, Suite 920 Fairfax, VA 22035

Fax number: 703-803-0116

Confirmation letters will be e-mailed to participants who have an e-mail address on file with the Institute for Early Learning. Confirmation letters will be mailed to participants who do not have e-mail.

If you haven't received confirmation of your course or workshop, please call **703-324-3044** or e-mail us at **dfsifel@fairfaxcounty.gov.**

TO DROP OFF IN PERSON – anytime on or after December 9, 2009:

Bring a copy of your completed registration form to our office:

Pennino Building, Suite 920 12011 Government Center Parkway Fairfax, VA 22035

Our office hours are Monday - Friday, 8 a.m. - 4:30 p.m.

REGISTER ON THE AUTOMATED PHONE SYSTEM

Registration begins December 9, 2009.

Call 703-324-4018 from any touch-tone phone.

- You will need the course number to use this system.
- You will also need your personal registration ID number, which is found above your address on your training catalog, and the last four digits of your home phone number.
- If you have previously registered online, use your registration ID number and personal PIN number instead of the last four digits of your home phone number.
- If we have your e-mail address on file, you will receive an instant e-mail response indicating confirmation or waitlist status for your course or workshop.

Listen to the voice prompts carefully. Menu options include "general information," "enroll in training" and "cancel a course."

PLEASE NOTE: Remember to write down your classes and enrollment status before exiting. You will <u>not</u> receive a confirmation letter by mail. You can, however, call back at anytime to listen to your enrollment or wait list status.

If you need step-by-step instructions to register through the automated telephone registration system, please go to www.fairfaxcounty.gov/ofc.

January - May 2010

Registration Request Form

Registration begins Wednesday, December 9, 2009. Early registration forms are not accepted.

To enroll, you must be working in a legally operating child care center, preschool or family child care home in Fairfax County, or be an early childhood professional living in Fairfax County.

This registration form must be filled out completely in order for your registration to be processed. Please include your Registration ID#. For more registration information, see pages 36-38.

If you do not have a registration ID#, please call 703-324-3044 for more information.

PLEASE PRINT CLEARLY	\square Check box if this is a change of name, address or phone			
First Name	Last Name	Registration	n ID#	Check one:
				☐ Family Child Care Provider
				☐ Child Care Center/Preschool Staff
Home Address	City	State	Zip Code	Name of Center/School:
Home Phone	Cell Phone	Work Phone	9	
				☐ Center Director/Administrator
E Bacil Address Confirmatio	un lakkawa willi mawa ka aank ka wa		· · · · · · · · · · · · · · · · · · ·	Name of Center/School:
E-IVIAII Address. Confirmation	on letters will now be sent to yo	ur e-maii add	aress.	
				□ Other:

You may register for two courses/workshops. If you list more than two choices, please list them in order of your preference as you will only be considered for two courses/workshops.

If you are a **family child care provider**, you may also register for two Family Child Care Business Workshops (See pages 27-30).

Course #	Course Title	Start Date	Course Hours	For OFC L Enrolled	Jse Only Waitlist
		/ /			
		/ /			
		/ /			
		/ /			
		/ /			

Please mail, fax or deliver this registration form to:

Office for Children, 12011 Government Center Parkway, Pennino Building, Suite 920, Fairfax, VA 22035

FAX: 703-803-0116 Telephone: 703-324-3044 (for information only, not for registration)

Using the Internet to view the catalog and to register for classes benefits YOU!

If you have Internet access at home and an e-mail address, you can:

- Register quickly and easily from your home as soon as registration begins.
- Update your address, telephone or e-mail address information.
- View your training history so you know which classes you have already taken.

If you don't have
Internet access at home,
you can use the Internet at any
public library for <u>free</u>.

It's important to have access to the Internet if possible, because:

- Training confirmation letters are sent immediately by e-mail.
- Links to the training catalog will be sent by e-mail so you don't have to wait for the catalog to arrive in the mail.
- The "Update" newsletter will be sent by e-mail.
- General information about classes and training will be sent by e-mail.

If you have access to the Internet, you can send questions to the training department by e-mail at dfsifel@fairfaxcounty.gov.

As soon as you get an e-mail address, or if you change your e-mail address, please call 703-324-3044, or send us an e-mail to dfsifel@fairfaxcounty.gov to let us know.

If you don't have an e-mail address, here is how to get one.

If you have access to the Internet at home or at a public library, you can set-up a free e-mail account using any of these Web sites:

www.yahoo.com (click on "New Here? Sign Up")

www.hotmail.com (click on "Sign Up")

www.lycos.com (click on "Check Mail" in the left column)

www.excite.com (click on "Join Now" in the upper left corner of the page)

www.gmail.com (click on "Create an Account")
www.aol.com (click on "Get Free Mail")

DIRECTIONS TO SELECTED TRAINING SITES

Resource Center at Main Street

The Resource Center at Main Street is located at 10201 Main Street, Fairfax, 22030 in the same building as World Gym, next to the Fairfax Museum and Visitor's Center, and across the street from the Main Street Market Place shopping center.

From the Beltway (I-495), take Little River Turnpike (Route 236) west approximately four miles. Turn left onto Locust Street. Turn right into parking lot either in front of or behind building.

From Route 66, take Route 123 south toward Fairfax. Turn left onto North Street. Turn right onto Old Lee Highway. Turn left onto Main Street. Turn right onto Locust Street. Turn right into parking lot in front of or behind building. For information on how to reach this location using public transportation, visit www.fairfaxconnector.com 703-339-7200; TTY703-339-1608 or www.wmata.com 202-637-7000; TTY 202-638-3780.

South County Center

The South County Center is located at 8350 Richmond Highway, Alexandria, 22309 across from NAPA Auto Parts. The parking lot and main entrance to the South County Center are located behind the building.

From the Beltway (I-495), exit 177A onto Richmond Highway (US 1) South. Drive approximately five miles. Turn right at Mohawk Lane into the parking lot.

From Fairfax County Parkway (Route 7100), take the Rolling Road exit (becomes Pohick Rd). Drive 4 miles and turn left onto Richmond Highway (US 1). Drive 5.5 miles and turn left at Mohawk Lane into the parking lot.

For information on how to reach this location using public transportation, visit www.fairfaxconnector.com 703-339-7200; TTY703-339-1608 or www.wmata.com 202-637-7000; TTY 202-638-3780.

Pennino Building

The Pennino Building is located at 12011 Government Center Parkway, Fairfax, 22035, near Fair Oaks Mall and directly across from the Fairfax County Government Center. From the beltway (I-495), take Route 66 West. Exit Route 66 onto Route 50 West. Exit Route 50 onto West Ox Road (Route 608) South. Make a left at traffic light onto Monument Drive (east). Turn right onto Government Center Parkway. Turn right onto Post Forest Road and then turn right into the parking lot for Pennino Building. Park in the visitor parking spaces.

From the Fairfax County Parkway Northbound (Route 7100N), turn right at light onto Fair Lakes Parkway (east). Turn right at light onto Monument Drive (east). Turn right onto Government Center Parkway. Turn right onto Post Forest Road and then turn right into parking lot for Pennino Building.

From the Fairfax County Parkway Southbound (Route 7100S), turn left at light onto Fair Lakes Parkway (east). Turn right at light onto Monument Drive (east). Turn right onto Government Center Parkway. Turn right onto Post Forest Road and then turn right into parking lot for Pennino Building.

For information on how to reach this location using public transportation, visit www.fairfaxconnector.com 703-339-7200; TTY703-339-1608 or www.wmata.com 202-637-7000; TTY 202-638-3780.

Gum Springs Glen

Gum Springs Glen is located at 7839 Richmond Highway, Alexandria, 22306 across from Mount Vernon Crossroads Shopping Center and A.J. Wright. This is a senior citizen apartment complex. Park in VISITOR SPACES ONLY.

From the beltway (I-495), exit 177A onto Richmond Highway (US 1) South. Turn left onto Belford Drive across from A.J. Wright. Make an immediate left and drive to the back of the building. The entrance for the Office for Children training room is only accessible from the rear parking lot.

From the Fairfax County Parkway and southern Fairfax County, drive north on Richmond Highway (US 1). Turn right onto Belford Drive across from A.J. Wright. Make an immediate left and drive to the back of the building. The entrance for the Office for Children training room is only accessible from the rear parking lot.

For information on how to reach this location using public transportation, visit www.fairfaxconnector.com 703-339-7200; TTY703-339-1608 or www.wmata.com 202-637-7000; TTY 202-638-3780.

County of Fairfax Office for Children 12011 Government Center Parkway, Suite 920 Fairfax, Virginia 22035-1102 PRST STD U.S. POSTAGE PAID PERMIT 45 FAIRFAX VA

Postmaster: TIME SENSITIVE MATERIALS Please deliver by December 2, 2009

IMPORTANT: Registration forms received before December 9, 2009 will not be processed.

Do You Provide Care for Infants and Toddlers?

The Virginia Infant & Toddler Specialist Network supports early care and education programs to enhance the healthy growth and development of infants and toddlers.

WE ARE HERE TO WORK WITH YOU!

If you would like us to visit your program, please call us:

703-324-8225, 703-324-2165 or TTY711

